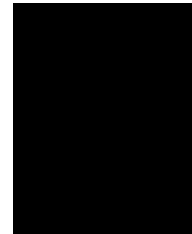


# Leadership in the Community

## In-house Training for Residents

Choosing Change's new in-house training programme is designed for people who wish to play a more active and effective role in their communities. The aim is to **motivate, inspire and equip** residents to take the lead, making the most of new opportunities and challenges.



### Participants will learn

- What **community leadership** means
- How to recognise and build on their own **strengths**
- How to **inspire and empower** other residents
- How to **negotiate** and work in **partnership** with others
- How to remain **resilient** in the face of difficulties
- How to develop a **vision** for their communities, and **strategies** for change.

The **core programme** consists of 10 modules, each lasting 3 hours, followed by a 'transition' event. It can be run as 10 half-days, 5 full days, or 3 two-day blocks, usually delivered over several months.

The course was first developed and run by Choosing Change in South Kilburn. Fifteen residents completed the programme, as a result expanding their volunteering in the community, starting their own projects, joining committees, taking on governance roles, or realising long-dormant personal ambitions.

*"This programme made a real difference to people's lives. By providing support and encouragement over a sustained period of time it enabled relationships of trust to develop. In turn this helped people to build their confidence from a very low base and to start applying their new skills in the community. Strongly recommended."*

Michael Pavey, South Kilburn Partnership  
Manager

**Choosing Change** is an independent organisation whose mission is to empower people engaged in social, community and organisational change. The lead trainer for this programme is Roger Saunders. He has delivered training for community groups, activists, managers and leaders for 25 years.

**If you are interested**, would like more information, or to discuss your needs, please contact Choosing Change on 01373 453 339, email [info@choosingchange.org.uk](mailto:info@choosingchange.org.uk), or visit our website [www.choosingchange.org.uk](http://www.choosingchange.org.uk).

## Leadership in the Community Outline programme

<b>Modules (3 hours)</b>	<b>Content</b>
Recognising our strengths	Identifying your strengths Building your own and others' confidence
Communication skills	Introduction to community leadership Skills for inter-personal & group communication
Meeting community needs	What's needed for a community to thrive Opportunities for change
Planning projects	The principles of project planning Planning our own projects
Raising and managing funds	Resources for community projects Preparing funding applications
Meetings and chairing skills	Key skills for participating in and chairing meetings
Working in teams	Effective team-work Roles in teams Delegation & facilitation
Negotiating and influencing	Win-win negotiation Making your case Partnership working
Evaluation and learning	Evaluating community initiatives Learning from experience
Presentation skills	Preparing and delivering effective presentations
Transition event	Next steps: where we go from here Review and celebration

### Choosing Change client list for training

Amber Valley Housing  
Aspire Housing  
Bath Charter Trustees  
Birmingham City Council  
Bloomsbury EMB  
Brent Housing  
Bristol Community Housing  
Cheltenham Borough Homes  
Church St. NMP  
City West Homes  
Coastline Housing  
Colchester Borough Homes  
Community Housing Group  
Corby Borough Council  
Devonport Regeneration CP  
Hastings Voluntary Action  
Heartlands RSO  
Herefordshire Housing  
Hillingdon Homes  
Hounslow Homes  
InStep (Tribal)  
Mendip Housing  
Merlin Housing Society  
Northampton Council  
North Somerset Housing  
Northwards Housing  
Nottingham City Homes  
Nuneaton & Bedworth BC  
Paddington Development Trust  
PEP Trust  
Redbridge Homes  
Somer Housing  
Somerset Adult Learning  
South Coast Training  
South Kilburn Partnership  
Southampton City Council  
Southampton University  
Spire Homes  
Sutton Housing  
Taunton Deane BC  
Tower Hamlets Council  
Tower Hamlets Homes  
Trafford Hall  
University West of England  
Waterloo Housing Association  
Westlea Housing  
West NW Homes Leeds  
Wiltshire Council

**The cost** of the full programme is £5,500 + VAT, and can take up to 15 people (approx £35 per person per workshop). Individual modules can be delivered separately.