

WE can do it!

*A 1-day workshop to build the effectiveness
and confidence of a group*

Aims

This workshop is designed for an existing group, such as a community association, committee, staff group or project team. It is designed to help participants:

- Look at the way the group operates and share ideas about what works well and what could be improved
- Learn about the 'typical' dynamics of groups and apply lessons to their own group
- Plan ways of further developing their group in the months ahead.



Outline programme

Session 1 Introduction to the course
Individual and group aims
How are we doing? Group 'stock-check'
Introduction to team working: exercise

Session 2 Roles in groups: What are the typical roles that are needed to make a group successful? Who does what in this group?

Group development: how groups change over time

Session 3 Behaviour in groups: What kinds of behaviour are helpful and unhelpful in groups? How can groups make positive use of conflict and disagreement?

Planning tasks as a group: exercise

Session 4 Review of exercise
Applying lessons from the course
Course review