

Understanding Group Dynamics Training Course

The aim of this course is to help people involved in residents and community groups understand the typical dynamics of many groups, how to avoid common pitfalls, and how to get the best out of every member.

SUGGESTED PROGRAMME

- 9.45 Introduction to the course and one another
- What makes an effective group?
- Meeting the needs of individual group members
- 11.00 Break
- 11.15 Groups in action – what helps and hinders success?
- Identifying and using members' skills
- 12.30 Lunch
- 1.15 Communication in groups
- Common pitfalls of group-work
- Planning and managing tasks as a group
- 2.30 Break
- 2.45 Allocating and delegating tasks
- Typical roles in groups and role preferences
- 4.15 Finish