

Training for residents

In-house training courses from **choosing change** ➔



Chairing Skills – How to be an effective chairperson

Committee Skills – How to make a success of your committee meetings

Communication Skills – How to communicate effectively, inter-personally and in groups

Community Leadership – Understanding what 'community leadership' entails, and what skills and qualities are useful

Conflict Management – How to avoid unnecessary conflict, and to deal with conflict when it happens

Consultation Tools and Techniques – Exploring a wide range of different methods for consulting people in your communities

Contract Management – How residents can be involved in setting up and running contracts

Equality and Diversity – Involving and representing all sections of the community, recognising differences, and treating everyone fairly

Get Ready to Scrutinise! – A programme of sessions for new scrutiny groups or residents newly involved in scrutiny

Healthy Communities – Ways of encouraging health and well-being in communities, with examples from successful projects

Involving More People – How to reach out and engage more of the community

Localism – New opportunities and powers for communities to influence and run local services

I have found Choosing Change to be a reliable, flexible and knowledgeable training resource. Feedback from residents has always been positive and residents satisfied.

Alexa Loukas,
Involvement Manager, Sutton Housing Partnership

Making Meetings Work for You – How to make a success of meetings

Mediation Skills – Using mediation to resolve conflict

Mystery Customers – A useful technique for testing services

Negotiation and Influencing Skills – The 'win-win' approach to negotiating with your landlord and service-providers

Networking and Inter-Acting – Skills for building useful contacts, with residents, other community organisations, and those with power

Planning, Monitoring and Evaluating – Principles, tools and techniques for managing all sorts of projects

Positive Communication – Skills for relating assertively with others, making a powerful case, and challenging without offending

Presentation Skills – Speaking in public with confidence

Report-writing – Preparing scrutiny and other types of report

Representing Your Community – What it means to represent your community, and how to do it effectively

Today passed so rapidly I find it difficult to believe a course could be so enjoyable. As near to perfect as is possible.

C. Jessep,
participant on our chairing course

Scrutiny: Is it for me? – An introductory training course for residents new to scrutiny and considering getting involved

Secretary Skills – How to be an effective committee secretary

Social Enterprise – Introduction to social and community enterprise, and the opportunities to develop them

Social Housing – What social housing is; how it's managed, regulated and financed; and how residents can influence it

Steps to Personal Development and Success –

A 4-day programme for people wanting to make changes in their lives

Stress Management – What stress is, how to prevent it and to avoid burn-out

Team Working – Turning a group of individuals into an effective team

The Roles of Committee Officers – Introduction to the roles of chair, secretary and treasurer

Training for Trainers – Training skills for involved residents

Understanding Group Dynamics – Typical processes in groups: what can go wrong and how to make things go right

Volunteering – Is it for me, and how can I go about it?

You Can Do It! – Building your own and others' confidence

The coaching and training provided was highly professional, tailored to my needs and focused on results. Thank you for the part you played in making the last two years so successful and enjoyable. I would recommend Choosing Change to anyone entering a high profile position..

Councillor Sharon Ball,
former Mayoress of Bath

We bring the training to you

For booking enquiries or more information, please contact Roger Saunders on:

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Courses are one-day, unless otherwise indicated